

// naama raamaayaNam //

sankeertanam

om shree seetaa - lakshmaNa - bharata - shatrughna - hanumat -
sameta – shree raamachandra - parabrahmaNE nama:

| | baalakanDam | |

1. shuddha brahma paraatpara raama
2. kaalaatmaka paramEshvara raama
3. shesha talpa sukha nidrita raama
4. brahmaadyamara praartitha raama
5. chanDa kiraNakula manDana raama
6. shreemad-dasharatha nandana raama
7. kausalyaa sukha vardhana raama
8. vishvaamitra priyadhana raama
9. ghora taaTaka ghaataka raama
10. maareechaadi nipaataka raama
11. kaushikamakha samrakshaka raama
12. shreemad ahlyoddhaaraka raama
13. gautama muni sampoojita raama
14. sura muni vara gaNa samstuta raama
15. naavikadhaavita mrudupada raama
16. mithilaapura jana mohaka raama
17. videha maanasa ranjaka raama
18. tryambaka kaarmuka bhanjaka raama
19. seetaarpita vara maalika raama
20. krutavaivaahika kautuka raama
21. bhaargava darpa vinaashaka raama
22. shreemad ayodhyaa paalaka raama

|| ayodhyaa kaanDam ||

- 23: agaNita guNagaNa bhooshita raama
- 24: avaneetanayaa kaamita raama
- 25: raakaa chandra samaanana raama
- 26: pitru vaakyaashrita kaanana raama
- 27: priya guha vinivedita pada raama
- 28: tatkshaalita nija mrudupada raama
- 29: bharadvaaja mukhaanandaka raama
- 30: chitrakooTaadri niketana raama
- 31: dasharatha santata chintita raama
- 32: kaikeyee tanayaarthita raama
- 33: virachita nija pitru karmaka raama
- 34: bharataarpita nija paaduka raama

|| araNya kaanDam ||

- 35: danDakaavana jana paavana raama
- 36: dushTa viraadha vinaashana raama
- 37: sharabhangasuteekshNaarchita raama
- 38: agastyaanugraha vardhita raama
- 39: grudhraadhipa samsevita raama
- 40: panchavaTee taTa susthita raama
- 41: shoorpaNaakhaarti vidhaayaka raama
- 42: kharadooshaNa mukha soodaka raama
- 43: seetaa priya hariNaanuga raama
- 44: maareechaarti krudaashuga raama
- 45: vinashTa seetaanveshaka raama
- 46: grudhraadhipa gati daayaka raama
- 47: shabaree datta phalaashana raama
- 48: kabanda baahucChedana raama

|| kishkindhaa kanDam ||

- 49: hanumatsevita nijapada raama
- 50: nata sugreevaabheeshTada raama
- 51: garvita vaali samhaaraka raama
- 52: vaanara doota preshaka raama
- 53: hitakara lakshmaNa samyuta raama

|| sundara kaanDam ||

- 54: kapivara santata samsmruta raama
- 55: tadgati vighna dhvamsaka raama
- 56: seetaa praaNaa dhaaraka raama
- 57: dushTa dashaanana dooshita raama
- 58: shishTa hanumad-bhooshita raama
- 59: seetaa vedita kaakaavana raama
- 60: kruta chooDaamaNi darshana raama
- 61: kapivara vachanaashvaasita raama

|| yuddha kaanDam ||

- 62: raavaNa nidhana prasthita raama
- 63: vaanara sainya samaavruta raama
- 64: shoshita sarideeshaarthita raama
- 65: vibheeshaNa abhaya daayaka raama
- 66: parvata setu nibandhaka raama
- 67: kumbhakarNa shirashcChedaka raama
- 68: raakshasa sangha vimardaka raama
- 69: ahimahi raavaNa chaaraNa raama
- 70: samhruta dashamukha raavaNa raama
- 71: vidhibhava mukhasura samstuta raama
- 72: svasthita dasharatha veekshita raama
- 73: seetaa darshana modita raama
- 74: abhishikta vibheeshaNa nata raama
- 75: pushpakayaanaarohaNa raama
- 76: bharadvaajaabhinishhevaNa raama
- 77: bharata praaNa priyakara raama
- 78: saaketapuree bhooshaNa raama

79: sakala sveeya samaanata raama
80: ratnalasatpeeThaasthita raama
81: paTTaabhishekaalankruta raama
82: paarthiva kula sammaanita raama
83: vibheeshaNaarpita ranjaka raama
84: keeshakulaanugraha kara raama
85: sakala jeeva samrakshaka raama
86: samasta lokaadhaaraka raama

| | utara kaanDam | |

87: aagata munigaNa samstuta raama
88: vishruta dasha kanThodbhava raama
89: seetaa lingana nirvruta raama
90: neeti surakshita janapada raama
91: vipina tyaaajita janakaja raama
92: kaarita lavaNaasura vadha raama
93: svargata shambuka samstuta raama
94: svatanaya kushalava nandita raama
95: ashvamedha kratu deekshita raama
96: kaalaavedita surapada raama
97: aayodhyaka jana muktida raama
98: vidhi mukha vibudhaanandaka raama
99: tejomaya nija roopaka raama
100: samsruti bandha vimochaka raama
101: dharma sthaapana tatpara raama
102: bhakti paraayaNa muktida raama
103: sarva charaachara paalaka raama
104: sarva bhavaamaya vaaraka raama
105: vaikunThaalaya samsthita raama
106: nityaananda padasthita raama
107: raama raama jaya raajaa raama
108: raama raama jaya seetaa raama

bhayahara mangaLa dasharatha raama
jaya jaya mangaLa seetaa raama
mangaLakara jaya mangaLa raama
sangata shubha vibhavodaya raama
aanandaamruta varshaka raama
aashrita vatsala jaya jaya raama
raghupati raaghava raajaa raama
patita paavana seetaa raama

|| stava: ||

kanakaambara kamalaasana jagadaakhila dhaama
sanakaadika muni maanasa sadanaanagha bhooma

sharaNaagata sura naayaka chira kaamita kaama
dharaNeetala taraNa dasharatha nandana raama

pishitaashana vanitaavadha jagadaananda raama
kushikaatmaja makharakshaNa charitaadbhuta raama

dhani gautama gruhiNee svaja dagha mochana raama
muni manDala bahu maanita pada paavana raama

smarashaasana susharaasana laghu bhanjana raama
nara nirjara janaranjana seetaapati raama

kusumaayudha tanu sundara kamalaanana raama
vasumaanita bhrugu sambhava madamardana raama

karuNaarasa varuNaalaya nata vatsala raama
sharaNam tava charaNam bhava haraNam mama raama

|| praNaama: ||

aapadaamapahartaaram daataaram sarva sampadaam |
lokaabhiraamam shreeraamam bhooyo bhooyo namaamyaham ||

raamaaya raamachandraaya raamabhadraaya vedhase
raghunaathaaya naathaaya seetaayaa: pataye nama: ||

atulita bala dhaamam svarNa shailaabha deham
danujavana krushaanum gyaaninaam agragaNyam |

sakala guNa nidhaanam vaanaraaNaamadheesham
raghupati vara dootam vaatajaatam namaami ||

goshpadeekrutavaaraashim mashakeekruta raakshasam |
raamaayaNa mahaa maalaa ratnam vande~neelaatmajam ||

anjanaanandanam veeram jaanakee shoka naashanam |
kapeeshamakshahantaaram vande lankaabhayankaram ||

ullanghya sindho: salilam saleelam
ya: shokavahnim janakaatmajaayaa: |
aadaaya tenaiva dadaaha lankAm
namaami tam praanjaliraanjaneyam ||

manojavam maaruta tulyavegam
jitendriyam buddhimatam varishTham |
vaataatmajam vaanarayootha mukhyam
shree raamadootam shirasaa namaami

aanjaneyamati paaTalaananam
kaanchanaadri kamaneeya vighram |
paarijaata taru moola vaasinam
bhaavayaami pavamaana nandanam ||

yatra yatra raghunaatha keertanam
tatra tatra kruta-mastakaanjalim |
baashpavaari paripoorNa lochanam
maarutim namata raakshasaantakam ||

// iti ashTottara shata naama raamaayaNam samaaptam //